



SEXUAL HEALTH LONDON

SHL is London's new online sexual health service.

It's designed for people who want straightforward and convenient tests for sexually transmitted infections without needing to visit a clinic.

How does it work?

1

Register and answer some simple questions

This allows us to give you the best advice and offer you the right tests.

2

Order your self-sampling kit

We send it right away in plain packaging that fits through your letterbox.

3

We notify you of your results by text or email

Tests are completed within a few days at our specialist lab.

Where is the service available?

- Barking and Dagenham
- Barnet
- Bexley
- Brent
- Bromley
- Camden
- City of London
- Ealing
- Enfield
- Hackney
- Hammersmith & Fulham
- Haringey
- Harrow
- Havering
- Hounslow
- Islington
- Kensington & Chelsea
- Kingston upon Thames
- Lambeth
- Lewisham
- Merton
- Newham
- Redbridge
- Richmond upon Thames
- Southwark
- Sutton
- Tower Hamlets
- Waltham Forest
- Wandsworth
- Westminster

To register for this service visit:

dyn.shl.uk

Or scan:





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Am I eligible for the service?

The online service is not appropriate for you, if:

- You are under 16 years old.
- You have symptoms of a sexually transmitted infection.
- You have already tested positive for an infection and need treatment.
- You require a vaccination e.g. Hepatitis A, B, or HPV.
- Someone you had sex with recently told you they have been diagnosed with an infection.
- You have recently been sexually assaulted.
- You need to start contraception (pills, IUS, IUD, Implant).
- You may need emergency contraception:
 - If you've had unprotected sex and you are not using a contraception method at all / properly.
- You may need PEP (post exposure prophylaxis):
 - If you've had unprotected sex with someone you suspect / know is HIV positive.
 - If you've had unprotected anal intercourse in the last 72 hours.
- You require another service, such as PrEP, drug and alcohol support, or any of our specialist clinics.